

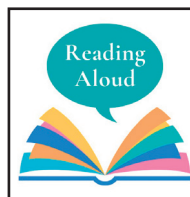
SUPPORTING CHILDREN WITH DYSLEXIA: ACTIVITIES AT HOME

(submitted by Stephanie Trees, OG Tutor)

Dyslexia is a learning difference that affects how individuals read and process language. Children with dyslexia may struggle with phonemic awareness, decoding, and fluency, but with the right support, they can thrive. Parents play a crucial role in this journey. Here are some effective activities that can help children with dyslexia improve their skills and build confidence at home.

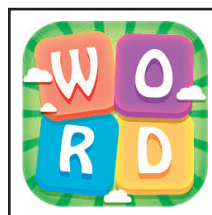
1. Reading Aloud Together: Reading aloud can help with comprehension and fluency. Here are some strategies:

- **Choose Engaging Books:** Select books that match your child's interests, even if they are below their grade level. This builds a love for reading without the frustration of difficult texts.
- **Take Turns Reading:** Read a page or paragraph, then let your child read the next one. This provides support with decoding and allows them to hear fluent reading.
- **Use Audiobooks:** Listening to audiobooks can help improve vocabulary and comprehension. Encourage your child to follow along with the text as they listen. (Listening in the car is a great way to engage in reading.)



2. Games and Puzzles: Incorporating games can make learning fun:

- **Word Games:** Play games like Scrabble, Boggle, or word searches. These games help with spelling, vocabulary, and word recognition.
- **Rhyming Games:** Engage in rhyming games where you say a word and your child finds a word that rhymes. This enhances phonemic awareness.
- **Letter, Sound and Word Bingo:** Create Bingo cards with letters or heart words. This visual and interactive approach can reinforce recognition in a fun way.



3. Organizational Skills: Dyslexia affects organizational skills, which can impact learning:

- **Color-Coding:** Use color-coded folders or notebooks for different subjects. This visual system helps children organize their materials and makes retrieval easier.
- **Visual Timers:** Use visual timers to help your child manage their study time. This can provide structure and reduce anxiety about completing tasks.
- **Checklists:** Create checklists for daily tasks or homework. This can help your child feel a sense of accomplishment as they check off completed items.

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MARK YOUR CALENDARS!



**OG Cohort
training on
December 7.**

**Certified OG
training on
December 14.**

**Closed from
December 23
through
January 5 for
winter break.
We will be back
on January 6th.**

SECRET SNOWFLAKE EXCHANGE



Our December activity will be a "Secret Snowflake." Each student will be assigned another student to write to throughout the month, but instead of signing their name, they will keep their identity a secret and see if their new friend can guess who they are. Students will work on a craft and a card and will exchange their homemade gifts and reveal who they are at the end of the month.

We hope this activity will help to build relationships amongst our students and tutors and give them some extra fun during their OG sessions during the winter holiday season.

Week of 12/2 - Leave a secret note for your Secret Snowflake. Someone will leave you a note too. Read your note with your tutor and try to guess who is writing to you.

Week of 12/9 - Create a Snowflake Craft as a gift for your Secret Snowflake. (We will provide all the supplies. We will also provide art materials for you to make a card.)

Week of 12/16 - Leave your gift and card for your Secret Snowflake.

STUDENT SPOTLIGHT: EMILY

(submitted by Gina, OG Trainee)

Emily is a determined and energetic fifth grader who puts her heart into everything she does. She has a passion for makeup and skin care products and loves going to Sephora. When she's not practicing her gymnastics routines, cheering at school events or playing on her travel soccer team, Emily is working hard to improve her reading skills, always striving to do her best. Her dedication and hard working attitude shine through in everything she tackles especially during our lessons together.



Here are a few more fun facts about Emily:

Q: What is your favorite food?

Branzino from Bella Note Restaurant that we go to every two weeks

Q: What is your favorite movie?

Mean Girls (the original)

Q: What is your favorite book?

Harry Potter and the Goblet of Fire

Q: What do you want to be when you grow up?

A makeup artist

Q: What is your favorite tradition?

Going to my grandmother's house for Christmas

Q: What is your favorite store?

Sephora, Lululemon, Zara and Abercrombie

Q: What are your favorite subjects?

Math and gym.

SUPPORTING CHILDREN WITH DYSLEXIA:

ACTIVITIES AT HOME (CONTINUED)

(submitted by Stephanie Trees, OG Tutor)

4. Emotional Support and Encouragement: Above all, emotional support is vital:

- Celebrate **ALL** Progress:

Acknowledge even small achievements. Celebrating progress boosts motivation and self-esteem.

- Encourage a Growth Mindset:

Teach your child that mistakes are part of learning. Encourage them to view challenges as opportunities for growth rather than obstacles.

- Be Patient: Understanding that learning takes time is crucial. Your patience and encouragement will help them feel secure in their learning journey.

Helping a child with dyslexia at home can be a rewarding experience. By incorporating engaging activities and providing emotional support, parents can create a nurturing environment that fosters learning and confidence. Remember, every child is unique, and it's important to tailor activities to fit their interests and needs. With your support, children with dyslexia can thrive both academically and personally.



STUDENT SPOTLIGHT: VALENTINA

(submitted by Megan, OG Trainee)

Valentina is a super fun, creative and inquisitive 7-year old who is always ready to bring some excitement to her OG sessions. She is full of great ideas and can always be counted on to think of something new to do each session. She loves bringing her favorite squishmallows to join the party, and they love encouraging her to work hard and play equally as hard. Valentina has many talents, and when she isn't busy with school or tutoring, she can be found with her amazing cheerleading team or at dance or gymnastics. Here are some more interesting facts about Valentina:



Q: What is your favorite thing to do on the weekend?

A: I like going to my best friend's house. I've known her since I was a baby!

Q: If you could be a book or TV character, who would you be?

A: I would be Mercy Watson the pig because she gets in trouble a lot. She loves butter toast!

Q: What is your favorite color?

A: My favorite color is white because you can mix anything with it. I like light colors and white makes everything light!

Q: If you could have any superpower, what would it be?

A: I would like to be invisible so I wouldn't have to take tests and I can blend in. My teacher would think I was a ghost!

Q: If you could go anywhere in the world, where would it be?

A: I would actually go to Florida and visit Disney World.

Q: What is your favorite holiday?

A: My favorite holiday is Christmas because I can play in the snow and I can get Christmas presents.

We are all looking forward to watching Valentina continue to grow and learn this year at Literacy Nassau!

